

# Underground Railroad

## Course 13 - Lesson

### Key Themes

- Perseverance
- Determination
- Activism

### Core Values

- Faith
- Liberty
- Community
- Life

### Key Terms

**Harriet Tubman** - she was known for helping others get to live in freedom

**Freedom** - being able to do what you want and not be controlled by someone else

### Learning Objectives

- Explain who Harriet Tubman is and why she is important in American History
- Provide examples of Harriet Tubman's faith and tell how it helped her through tough times

# Underground Railroad - Kindergarten

# Introduction

---

## **ASK** Students

Have you ever had to do something you did not want to do? Maybe you had to clean your whole room by yourself. Or maybe you had to put away all the toys in the living room even though your brother or sister was playing with them too. That seems unfair! What is something you had to work hard at by yourself?  
(allow students to share)

## **TELL** Students

A girl named Harriet Tubman also had to work hard at a very young age. She did not want to do all the work, but she was able to stay strong and keep working because she believed in God. She knew He would give her the strength to get all her work done. She had faith that someday soon she would be free to do the things she wanted to do because God would help her.

## **WATCH**

Learn More with Liberty - Episode 13 Cartoon + Harriet Tubman's Faith

# Underground Railroad - Kindergarten

# Biography Study

## TELL Students

Harriet Tubman was born over 200 years ago. She had 8 brothers and sisters! She and her family all had to work. Even when Harriet was little, she had to work outside instead of play with the other kids. Sometimes, when she was only five years old, she even had to babysit little babies. She did not get to enjoy the fun things you and I do.

However, there was one thing that helped Harriet stay positive: **her faith in God**.

She believed that God would always take care of her and her family. Even when Harriet got hurt very badly, she knew God would help her get better. When she prayed, she always told God, "I trust You." When she grew up, she had the chance to be free and not have to work for someone else anymore. She continued to praise God and give Him thanks for helping her become free. She knew, though, that there were other people who wanted the same freedom she had.

As an adult, she was able to help others including her family to live free, happy lives. That is why we remember Harriet Tubman today. Her strength, courage, and faith in God allowed her to help many, many others in her lifetime.